## Readings for Holy Week 2022

Palm Sunday - Philippians 2:5-11

Monday - Psalm 36:5-10

Tuesday - 1 Corinthians 1:18-24

Wednesday - Hebrews 12:1-3

Maundy Thursday - John 13:1-17, 31b-35

Good Friday – Isaiah 53:1-12 – or one of the crucifixion accounts:

- Matthew 27:11-61
- Mark 15:1-47
- Luke 22:63 23:56
- John 18:28 19:42

Holy Saturday - Psalm 31:1-4, 15-16

<u>Resurrection Sunday</u> – read one of the resurrection accounts:

- Matthew 28:1-10
- Mark 16:1-8
- Luke 24:1-12
- John 20:1-18

## **Devotional Suggestions**

For each reading, prayerfully consider these questions...

- What from this passage gets my attention or raises questions for me? What is the Holy Spirit saying to me with these promptings?
- What does this text reveal to me about God (Father, Son, and/or Holy Spirit)?
- What does this text reveal to me about humanity? About myself?
- How can this scripture help me become more like Jesus?
- How will I respond to God?

## **Devotional Suggestions for Families with Kids**

<u>Palm Sunday</u> –Discuss as a family how Jesus can be Lord in your home and your lives. Act out or draw a picture of Phil 2:10-11.

<u>Monday</u> – Use supplies you have on hand to create artwork representing the wonder of Jesus' love. Place artwork on display to be reminded of Jesus' love, throughout the week.

<u>Tuesday</u> – The cross teaches us that God loves us so much he was willing for his Son, Jesus, to die so we could be forgiven of sin. Make a cross from supplies you have on hand (paper, PlayDoh, Lego, craft sticks, etc.) As you work, share thoughts and feelings about Jesus' death on the cross. Pray as a family about anything the Holy Spirit reveals to you during this time.

<u>Wednesday</u> – Gather items that are heavy, but not so heavy you can't lift them. Take turns holding the items (hold more than one if you can) while running in place for several seconds. Then set the weight aside and run in place for twice as long. Discuss what you learned from this activity.

<u>Maundy Thursday</u> – Wash one another's feet as a family devotional time. Discuss other ways you can show love to each other, as Jesus commanded. Put it into practice.

<u>Good Friday</u> – According to Mark's gospel, Jesus endured the crucifixion from about 9 AM until 3 PM. Fast (give up) something between 9:00 and 3:00 today to associate with Jesus' suffering. Wear something black, or display black in your home, to acknowledge Jesus' death and the seriousness of sin.

<u>Holy Saturday</u> – Search for a rock outside. As a family, take turns holding the rock and share how God is a rock for you (how you experience God's strength, comfort, and protection).

<u>Resurrection Sunday</u> – Spend time today in God's creation, praising and thanking God for the wonders you experience outdoors. Do something fun today, and give God thanks and praise for the joy of life! This evening, say a prayer of thanks that Jesus is alive – ask the Holy Spirit to help you live each day in the power of HIS resurrection.